



SUSTAINING SUCCESS: THE SCIENCE OF WEIGHT MAINTENANCE

THE JOURNEY DOESN'T END WITH WEIGHT LOSS

Maintaining It Matters

Long-term success depends on maintaining that weight loss — a challenge for many.



THE TRIUMPH-6 STUDY

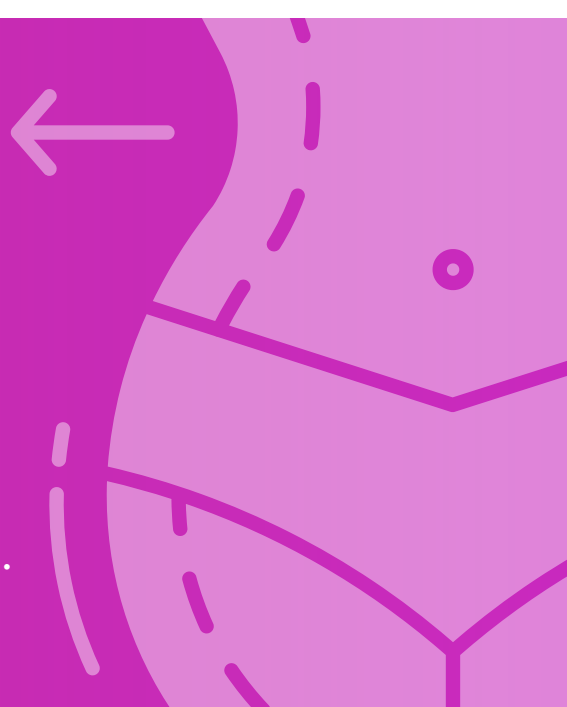


The **TRIUMPH-6 clinical research study** is exploring new ways to support individuals who are **interested in losing weight and maintaining that weight loss over time** — helping people live healthier lives.

DID YOU KNOW?

Most people who lose weight regain about **50% of it within 2 years**, and more than **80% within 5 years**, highlighting the importance of ongoing weight management support.

(Source: Obesity Action Coalition)



WEIGHT MAINTENANCE MATTERS

Sustained weight loss can **improve long-term health outcomes**, reducing the risk of obesity-related conditions like heart disease, diabetes, and chronic pain.



SEE IF YOU QUALIFY FOR THE TRIUMPH-6 CLINICAL RESEARCH STUDY

TRIUMPH-6 is a clinical research study from **Eli Lilly and Company**.

The TRIUMPH-6 study will test if an investigational medicine (medicine being studied) can help people with obesity maintain a lower body weight safely over time. Learn more [here](#).



For more information:
Please scan the QR code

Sources:

NIH: National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

Obesity Action Coalition

Lilly, Triumph-6 Clinical Research Study

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